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COSMOS – HUMAN HEALTH

Challenges to the holistic medicine

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“ETHICS and PSYCHIC ENERGY – Basis for people’s health and a fair world”

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Ethics and Psychic Energy, as global-social World Peace and Health Fundaments

If we think of all the incidents around the world, of the many warlike confrontations – in other words, mostly economic wars – and the increasing number of various diseases, we have to agree that there should be a fundamental change of people’s way of thinking. People need to remember their spiritual drive and purpose of their earthly existence. An escape from this disaster and the restructure of a New World – with a HEALTHY AND PEACEFUL HUMAN BEING – will be possible if the social foundations will be raised to a level of Spiritual Culture, supported by the PRINCIPLES OF ETHICS, which have to be brought into life, with all possible consequences!

A very essential part of the all-comprehensive science of ETHICS is the SCIENCE OF PSYCHIC or inner ENERGY. Urgently, its principles should be scientifically investigated and recognized – they should be promoted and developed in each person. Likewise, the field of Psychic Energy is very important for people’s health and a harmonious life. The New World calls for a widespread COMMON HARMONY – for a dynamic and strong humanity with an extensive ethically based comprehension of wisdom and action! As a result: **The Principles of ETHICS – as global social WORLD HEALTH and PEACE FUNDAMENTS – should be recognized and strongly promoted, especially by teaching these in schools.**

Educators and teachers have to deal with ethical laws

Ethically based laws originate from the Cosmos, respectively from Nature; therefore they are valid for both, for planet earth and mankind – as part of the Cosmos. Human beings of today establish their own laws on moral or even on intellectual structures, building borders and restrictions. MORAL is only a time-related reflection, which changes appearance with the mentality and may completely differ from country to country. As the criteria of moral easily lead to abuse of power, conflicts are already pre-programmed. Therefore, moral requires a constant and persistent, scientifically based monitoring through the discipline of ethics, which is “superior” to moral.

ETHICS is to be understood as Science within religion, philosophy and of practical life; as the decisive factor of human actions towards all forms of life and communities. As such, it is the most essential science of human society, according to the teachings by Plato, Confucius, Buddha and others. Ethics is to be understood as a cosmic ruling and regulatory reflection, resulting from the law of cause and effect, or the law of karma. Ethics is also extremely important for broadening the CONSCIOUSNESS. All the desire and acting of mankind should be focused on its religious principles. This calls for everybody to assume responsibility for one's own thinking and doing. **The most important characteristic of future leaders, therefore, is a perfect knowledge of the laws of ethics. Educators, respectively teachers, have to deal with those scientifically based regulations constantly and have to teach them in schools.**

The SPIRITUAL HEART as the central authority and guide

All higher doctrines are dealing with the central principles of the human being, with the higher values which are the spheres of THOUGHTS and of the HEART. Without ethical values, practiced in everyday life, a well formed character and basics going along with heart-guidance, which means the "love for all and everything", both mankind and planet earth cannot be saved. Combined efforts of both, male and female, are indispensable for such a high target.

Everything, in particular the public HEALTH CARE and the human HARMONY respectively PEACE, depend on the progress of human's spiritual values, on the nature of his heart. Spiritual, respectively ethical values and a healthy amount of life energy are the only source leading to real improvement!! The Spiritual Heart – as the central authority and guide – should be understood immediately!! Moreover, the heart is the only natural connecting link between the visible and the invisible world. It is the source or origin of the programmed, natural unification of the Worlds, which will definitely occur in this New Age. Therefore, there must be appropriate care to the Heart, according to its spiritual duty!

The science of Psychic Energy

Illness and the moral disharmony of today's people generally arises due to non-observance of the psycho-energetic laws and the dissipation or neglect of the ethically supporting Individual- and Social-Energy, currently called PSYCHIC ENERGY. As the so-called PRIMAL ENERGY it includes all other forms of dynamism, which are only its diversities. The Primal Energy is the LIFE-BASIS for the structure of the worlds. It is a higher spiritualized form of LIFE-ENERGY and, in all its forms, it is in a constant exchange.

As stated already, the science of this ethically supportive and leading Energy is a very important discipline or section in the wide field of ETHICS. Even though it has already been recognized under various names and terms in ancient times and its unfolding or development is one of the main aims of today's humanity, nevertheless, it is usually rejected and denied by the masses – especially in the western countries. If once their rules are explored, science will finally get the great opportunity to explore also those human forces which until today have remained undiscovered! – But, nevertheless, these forces have determined all the fate of nations and races; the present condition shows now extreme excesses. Since every day we are confronted with the various forms of Psychic Energy, we rapidly should learn to manage this power.

The **Main Sources of Psychic Energy** are Joy, Love and the Teachings of the Masters such as Buddha, Christ, Mohammed, and Confucius. Also Prana, as a Life Energy in different variations of solar ether, is an important source one should handle consciously. This is also true for the Life Energy in the form of bio photons, offered for instance in organic fresh fruits and vegetables. We all may use consciously the Psychic Energy as a more or less neutral and free power from the space. Depending on the

individual's awareness, the Energy is brought back again into the space in form of thoughts. Since, consciously or unconsciously and shaped in thoughts, everybody sends those individual "ENERGY-GRAINS" back into the space – we all are creators of these spatial manifestations. We all must bear the responsibility for all thinking, feeling and acting, according to the law of cause and effect.

According to one's quality of thoughts and ethical efforts, Psychic Energy also may be left as fine **Crystals in the Human Organism**. Efforts directed to high ideals as well as Enthusiasm, gratitude and joy, courage and fearlessness, generates positive energy crystals, so called RINGSE. Ringse causes a stock of positive energy, from which the individual may draw in difficult situations.

In the same way we know about the positive crystals, there are also negative ones, called IMPERIL. These are caused by petulance, anger and outbursts of rage or similar. Imperil is a concrete poison, being left on the walls of the nerve channels. In this way the whole organism is poisoned either permanently or at least temporarily. When released, this crystallized and negatively polarized energy will manifest only in a negative form – for instance as an outburst of rage, which may end in a dangerous fight or even worse.

In his power or radiation field, each person carries such self-produced, so called "Thought-" or "Psycho-Grains". According to one's radiation field, **Psychic Energy leaves its traces on all Items**, whereby rooms and items located therein, will be charged accordingly. Sensitive people feel such energy and avoid places with disharmonious radiations. Even the progressively finer technology, especially in the field of the Nano-Electronics can be disturbed by those surrounding energies. Places with positive emanations, however, provide a harmonious effect.

As we have seen, all these **Manifestations on Magnetic Nature** are based on Psychic Energy – as well as sympathy and antipathy, obvious in interpersonal relations. By stroking, persuasion or laying on of hands – also by holding hands – energy can be transferred to others. Via magnetism one can apply great influence – both, in a positive or negative nature. People must learn to deal carefully with their energies! We must become aware that we are responsible for all our thoughts and the resulting consequences. Endeavored people think and judge with their hearts and already develop a spiritual magnet in their individuality, which attracts everything suitable – and resists the unsuitable. Without a strong "Heart Magnetism", there is no way to a higher consciousness. But, the development of the consciousness is the essential drive of earthly existence!!

The Human Individual as social being

Basically, the human individual is a social being and part of a superordinate unity. As a living part of this unity, he depends on everything else. Without active and conscious comprehension of this fact, one will continue to vegetate helplessly and to walk around without any clear purpose or direction – helpless, like "Little Red Riding Hood" (Rotkäppchen) in an endless great dark forest. Without understanding of this great universal unity – which is well ordered in a hierarchically super-ordinate structure and requires the subordination and integration of the lower towards the Higher – human being will never get guidance, protection, help and wellbeing. The UNIVERSAL CONSCIOUSNESS is reflected in the structure of the entire world.

The human being should consciously think about the primary sense of his stay here on earth and his repeated earthly existences and he should recognize his great responsibility to everything else. The community, social or collective energy is the most powerful energy of the planet, offering a very broad, exciting and wonderful research-spectrum to all sciences. Scientists should open them up to this all decisive Psychic Energy and its principles, they should at least accept its presence as a possible opportunity.

Well based ETHICS – most significant for the New Social Order to survive

An ethical and scientific evaluation of all the actions and targets of a society (nation, country) is the basis for people's health, a harmonious humanity in general and a fair world. **The laws of scientifically based ethics are decisive for mankind's entire development. Mankind has to deal with those guidelines and laws constantly. A fair New World requires a wide-spread ethically based wisdom, which may even work miracles.**

The consequent active implementation of the ETHICAL LAWS, practiced daily and in all situations by society, leads to HARMONY, to PEACE and finally to the beauty of life. Particularly the Religious Sciences should be aware of their central task. They should explore this all-comprehensive and essential field of Ethics and make sure that the recognized principles and laws are made available to all humanity...

MAY PEACE PREVAIL ON EARTH...!

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As co-organizers of this congress we are convinced of the wide importance of these issues which can be dealt with only within a certain frame during this event! All of us wish for a future in HEALTH and JOY! There is no exception to this burning desire. But the cosmic laws forming our life on Earth also impose on each earthling an active role and obligation for participation in shaping the conditions around – and the healers' role is of special significance, directing the patient to the better way of life! True healers deserve our high respect, our greatest appreciation – and our full GRATITUDE!

CRIMEA – in retrospective – has always been an ideal GLOBAL CENTER for cultural, but also socio-political and scientific communication! Over the past century, this peninsula even developed to become a world center for health research work, for progressive studies and significant developments.

May this Crimean Congress – under the title “Cosmos – Human Health” – and our common endeavors be a strong contribution to the welfare of all mankind!